

CURRICULUM VITAE

PERSONAL DATA

Name: Tzu Ling Chen, RN, PhD.
 Current Position: Associate Professor
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Institution	Department	Position	Period (YYYY/MM)
National Taipei University of Nursing and Health Sciences	Department of Nursing-Midwifery and Women's Health	Associate Professor	2024/08 to present
National Taipei University of Nursing and Health Sciences	Department of Nursing-Midwifery and Women's Health	Assistant Professor	2020/09 to 2024/08

EDUCATION

Duration	Institution & Location	Degree	Major Subject
2015-2020	National Yang-Ming Chiao-Tung University (National Yang-Ming University)	Ph.D.	Nursing
2006-2008	National Yang-Ming Chiao-Tung University (National Yang-Ming University)	MSN	Women health and Community Nursing
2001-2004	National Yang-Ming Chiao-Tung University (National Yang-Ming University)	BSN	Nursing

SPECIALTIES & RESEARCH INTERESTS

1. Women health promotion
2. Postpartum depression
3. Feeding interaction
4. Preconception health care

PUBLICATIONS

Journals

1. **Chen, T. L.**, Chou, H.F., Cheng, S. F., (2025). Responsive feeding behavior: A concept analysis analysis and review. Journal of Taiwan Nurse Practitioners (**accept**) **First Author**
2. **Tzu-Ling Chen** ; Su-Fen Cheng; Chien-Lin Kuo; Chu-Yu Huang; Chia-Hsun Wu^{5*}(2025). Gestational Weight Gain Patterns as Predictors of Cesarean Deliveries in Women Diagnosed with Gestational Diabetes Mellitus. BMC Pregnancy and Childbirth, 25:79 (SCI) (Impact factor: 2.8; Rank: 23.6%). **First Author**
3. **Tzu-Ling CHEN**; Li-Yin Chien*(2025). Menstrual Characteristics Associated with Successful Pregnancy within Six Months Among Women Planning to Conceive. Journal of Nursing Research (SCI) (Impact factor: 2.4; Rank: 17.0%) **First Author**
4. Chia-Sui Weng, Li-Li Chen, Su-Fen Cheng, **Tzu-Ling Chen*** (2025). The Effectiveness of Training in Practical Skills for Pap Smear Screening Among Nursing and Midwifery Students: A Pilot Study. The Journal of Nursing Research , 72(1) , 41-51.

Corresponding author

5. **Chen, T. L.**, * Wu, C. H., Gau, M. L., & Cheng, S. F. (2025). Prediction of the ideal gestational weight gain for reducing the risk of macrosomia/large for gestational age in women with gestational diabetes mellitus in northern Taiwan. Midwifery, 104211. (SCI) (Impact factor: 2.6; Rank: 13.1%) **First Author and Corresponding author**
6. Ling, L., Chu,Y.C., **Chen, T. L.***, Weng, C.S. (2025). The association between gestation weight gain and postpartum poor sleep quality in postpartum women with weight retention. Taiwanese Journal of Obstetrics and Gynecology (SCI: Impact factor:2.1. Rank: 67.1%) **Corresponding author**
7. **Tzu-Ling Chen**; Li-Li Chen; Meei-Ling Gau* (2024). Associated between breastfeeding-friendly environmental factors and breastfeeding practices at 6 months in mother in Taiwan. International Breastfeeding Journal, 19, 78-108. (SCI: Impact factor:2.9.Rank: 15.6%). **First Author**
8. Kuo*, C. L., Cheng, S. F., & **Chen, T. L.** (2024). Enhancing nurse preceptors' use of digital teaching tools through Instagram short videos. Nurse Educator, *** (SSCI, Nursing in 2023, IF = 2.4, Nursing 35/191 = 18.1 %)
9. Chou, H.F., Wang, Y.F., **Chen, T. L.**, Gau, M.L (2024). Development and Validation of a Breastfeeding Health Literacy Scale (BFHLS) for Taiwanese Pregnant Women. Journal of Human Lactation,40(1):25-32. (SCI; Impact factor:2.6. Rank: 24.8%)

10. Hsiao, C. C., Huang, C. Y., Lai, F. C., **Chen, T. L.** & Cheng, S. F.* (2024). Development and evaluation of an immersive cinematic escape room for disaster preparedness and self-efficacy among nurses. *Clinical Simulation in Nursing*, 91, 101541. (SSCI, Nursing in 2023, IF = 2.6, Ranking 29/123 = 23.2%)
11. 鄭夙芬*、杜清敏、陳姿伶、黃筑瑜(2024)。銜接 AI 新世代：談人工智慧素養之培育。護理雜誌，7(2)，6-14。
12. Wu, C. H., Gau, M. L., Cheng, S. F., **Chen, T. L.***, & Wu, C. J. (2023). Excessive gestational weight gain and emotional eating are positively associated with postpartum depressive symptoms among Taiwanese women. *BMC Women's Health*, 23(1), 464. (SCI) (SCI: Impact factor: 2.5; Rank: 37.1%). **Corresponding author**
13. **Chen, T.L.**, Cheng, S.F., Gau, M.L., * & Lin, L.L. (2022). Processed dietary pattern are associated with low birthweight at term among women with and without advanced age. *Nutrients*, 14, 3429-3442. (SCI) (Impact factor: 6.71; Rank: 16.1%). **First Author**
14. **Chen, T.L.** & Chien, L. Y.* (2022). Impact of maternal depressive symptoms on infant feeding behavior: mediation effect of feeding self-efficacy and outcome expectancy. *Acta Psychologica*, 230, 1-6. (SCI) (Impact factor: 2.01; Rank: 25.9%) **First Author**
15. **Chen, T. L.**, Chen, Y. Y., Lin, C. L., Peng, F. S., & Chien, L. Y. (2020). Responsive Feeding, Infant Growth, and Postpartum Depressive Symptoms During 3 Months Postpartum. *Nutrients*, 12(6), 1766-1780. (SCI) (Impact factor: 4.55; Rank: 14.8%) **First Author**
16. Goh, C. F., **Chen, T. L.**, & Chien, L. Y. (2020). The indicators of human capital for hospital-based nursing workforce in Taiwan. *Journal of nursing management*, 28(3), 577-585. (SCI) (Impact factor: 2.24; Rank: 13.6%)
17. **Chen, T. L.**, Tai, C. J., Wu, T. W., Chiang, C. P., & Chien, L. Y. (2012). Postpartum cultural practices are negatively associated with depressive symptoms among Chinese and Vietnamese immigrant mothers married to Taiwanese men. *Women & health*, 52(6), 536-552. (SSCI) (Impact factor: 1.307; Rank: 32.14%) **First Author**
18. **Chen, T. L.**, Tai, C. J., Chu, Y. R., Han, K. C., Lin, K. C., & Chien, L. Y. (2011). Cultural factors and social support related to breastfeeding among immigrant mothers in Taipei City, Taiwan. *Journal of Human Lactation*, 27(1), 41-48. (SCI) (Impact factor: 1.836; Rank: 15.68%) **First Author**
19. Yu-Xiang Lin, **Tzu-Ling Chen***, Chiung-Jacky Chiu(2011) · Applying Roy's model in emergency room nursing caring for a immigrant who was a victim of domestic

violence · Yuan-Yuan Nursing ,5(1), 1-8. **Corresponding author**

20. **Tzu-Ling Chen*** (2009) · The Application Case management in Community Immigrant's Breastfeeding · COMMUNITY DEVELOPMENT JOURNAL (Quarterly) CONTENTS , 127 , 30-33 · **Corresponding author**
21. Jun-Jie Chiu & **Tzu-Ling Chen*** (2009). Perforation of the Transverse Colon by a Fish Bone: A Case Report. Journal of Emergency Medicine, 36(4), 345-357.(SCI) (Impact factor: 1.31;Rank: 19.43%) **Corresponding author**
- 22.

International Conference

1. **Chen T. L.** (June, 2025). Predicting cesarean section incidents with patterns of gestational weight gain among women with gestational diabetes mellitus. The 2025 International Council of Nurse (ICN). Helsinki, Finland
2. **Chen, T. L.**, Shiu, C.Y., Wu, C.H (May, 2023). "Effectiveness of a pilot m-Health App to improve the appropriate eating behavior among pregnancy-induced hypertension women". The 5th Asian congress in nursing education. Turkiye.
3. Tzu_Ling Chen & Li-Yin Chien (Oct, 2022). Identify menstrual performance among the pre-pregnancy women: A prospective study. The 7th International Nursing Research Conference of World Academy of Nursing Science (7th WANS). Taipei, Taiwan.
4. Chen, T.L. & Chien, L. Y. (Sept, 2021). Effect of menstrual performance, pre-conception health care and sleep quality on getting pregnant women. The 37th Annual nursing research conference. Tainai, Taiwan.
5. Tzu-Ling Chen (May, 2021). Effect of pro-pregnancy menstrual performance and life style on getting pregnant among women who plan to get pregnancy: A prospective study (oral presentation). The 4th Asian congress in nursing education. Ho Chi Minh, Vietnam.
6. Tzu-Ling Chen (January, 2019). The association between maternal depressive symptoms and infant feeding behavior was mediated by self-efficacy and outcome expectancy (oral presentation). The 22nd *East Asian Forum of Nursing Scholars (EAFONS)* Conference. Singapore, Singapore.
7. Tzu-Ling Chen (September , 2018). Factors associated with responsive feeding among infants 3 months old in Northern Taiwan (oral presentation). The 36th CRANA plus Conference & International Rural & Remote Nursing & Midwifery Conference. Cairns, Queensland, Australia.

8. 陳姿伶、簡莉盈(2011, 9月)・比較本國及新移民婦女產後三個月持續母乳哺餵的相關因素・台灣護理學會第二十七次護理研究論文發表會暨海峽兩岸護理學術交流海報發表・台北:國立台北護理健康大學。
9. 陳姿伶、葉玫江、李郁真、簡莉盈(2009, 9月)・新移民與本籍婦女之社會支持、母乳接受度、與母乳哺育之比較性研究・台灣護理學會第二十五次護理研究論文發表會暨海峽兩岸護理學術交流海報發表・高雄:高雄醫學大學。
10. 邱俊傑、陳姿伶(2009, 7月)・社區中精神障礙個案主要照顧者社會支持與憂鬱症狀之相關性研究・中華民國家庭醫學會學術論文發表會海報發表・台北:國防醫學院。
11. 陳姿伶、蔡淑慧、李郁真、簡莉盈(2008, 9月)・台北市新移民婦女母乳哺餵的相關因素探討・台灣護理學會第二十四次護理研究論文發表會暨海峽兩岸護理學術交流海報發表・台北:台北醫學大學。