

一、基本資料：

日期：2026/3/01

中文姓名	陳莉莉	英文姓名	Chen, Li-Li		
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二、主要學歷 由最高學歷依次填寫，若仍在學者，請在學位欄填「肄業」。

學校名稱	國別	主修學門系所	學位	起訖年月 (西元年/月)
國立臺北護理健康大學	中國民國	護理系	博士	2019/9 至 2022/12
國立臺北護理健康大學	中國民國	護理助產所	碩士	2010/09 至 2013/09
國立臺北護理健康大學	中國民國	護理系	學士	2005/09 至 2007/06
長庚護專	中國民國	護理科	副學士	2000/09 至 2005/06

三、現職及與專長相關之經歷 指與研究相關之專任職務，請依任職之時間先後順序由最近者往前追溯。

服務機關	服務部門／系所	職稱	起訖年月
國立臺北護理健康大學	護理助產及婦女健康系	助理教授	2022/8-迄今
國立臺北護理健康大學	護理系	實習老師	2017/02-2019/8
輔仁大學	護理系	講師（兼任）	2014/09-2016/06
新光吳火獅紀念醫院	護理部	護理師	2007/07-2015/05

四、專長 請自行填寫與研究方向有關之學門及次領域名稱。

1.周產期護理	2.生產創傷	3.母乳哺餵	4.紮根理論
5.產後憂鬱	6.正向生產環境	7.混合研究	

## 五、論文著述：

### (1) 論文及著述

#### 1) 期刊論文

- Li-Li Chen\***, Wan-Lin Pan, Chin-Hsing Tsai, Yu-Chan Li. (2026). The Overwhelming Challenge of Losing One's Sense of Wholeness: A Grounded Theory Study on Women's Experiential Process of Birth Trauma. *The Journal of Nursing research*, (Accepted, in press) (SSCI Impact Factor:2.5; 35/193 in Nurse)
- Chen, L.-L.**, Yang, C.-C., Chen, T.-L., Kao, C.-H., & Gau, M.-L. (2026). Balancing safety and comfort: Assessment of labor progress by frontline delivery room healthcare workers and midwives: A grounded theory study. *BMC Nursing*. (Accepted, in press) (SSCI Impact Factor:3.9; 9/193 in Nurse)
- Meei-Ling Gau, Hui-Mei Hsu, **Li-Li Chen**, Tzu-Ling Chen, Wan-Lin Pan. (2025). Changes in Foot Biomechanics During Pregnancy: Associations With Plantar Pressure, Low Back Pain and Daily Function in Taiwanese Women. *Journal of Foot and Ankle Research*.18(4):e70094. <https://doi.org/10.1002/jfa2.70094>. (SCIE: Impact Factor: 2.2; 50/140 in ORTHOPEDICS )
- Li-Li Chen**, Yu-Ying Lu, Meei-Ling Gau, Pei-Chun Chien, Kok-Min Seow, Hui-Ling Ku. (2025). Development and Psychometric Testing of the Perception of Childbirth Environment Scale in Taiwan. *Midwifery*, 140, 1-7. <https://doi.org/10.1016/j.midw.2024.104215> (SSCI. Impact Factor: 2.6; 27/191 in NURSING, 2023)
- Tzu-Ling Chen, **Li-Li Chen.**, Meei-Ling Gau.\* (2024). Association between breastfeeding-friendly environmental factors and breastfeeding practices at 6 months in mothers in Taiwan. *International Breastfeeding Journal* 19, 78, p1-10. <https://doi.org/10.1186/s13006-024-00681-6>(SCI. Impact Factor: 2.9; 17/136 in OBSTETRICS & GYNECOLOGY, 2023 )
- Tai, C.Y., **Chen, L.L.**, Pan, W.L.\* , Chiu, M.J., Hsin, Y., Lin, Y.C. (2024). Stress, anxiety, and depression: The role of mediating and moderating mechanisms of dispositional mindfulness and its impact on maternal outcomes. *Advances in Cognitive Psychology*,20(1),44-54. <https://doi.org/10.5709/acp-0413-6> (SSCI. Impact Factor: 1.2; 88/89 in Psychology, Experimental, 2022 )
- Li-Li Chen**, Wan-Lin Pan, Pei-Fan Mu & Meei-Ling Gau. (2023). Birth environment interventions and outcomes: A scoping review. *Birth*,50(4):735-748. (SCI. Impact Factor:2.8;23/193 in Nurse, 2023)
- 陳莉莉、高美玲 (2025)。第 33 屆助產護理大會參會報告。助產雜誌，63，16–20。  
<https://doi.org/10.6518/TJOM>
- 翁嘉穗、陳莉莉、鄭夙芬、陳姿伶\*(2025)・護理助產系學生子宮頸抹片實務能力養成之成效・護理雜誌，72(1)，42-50。
- Chen, L. L.**, Kao, C.H., Pan, W. L., & Gau, M. L\*. (2020). Baby-friendly Hospital Initiative Accreditation in Taiwan: Challenges and Assistance Needs. *Midwifery*, 10;94:102903. <http://doi.org/10.1016/j.midw.2020.102903>. (IF: 2.64)
- Huang, M. Z., **Chen, L. L.**, Hung, S. L., & Puthussery, S. (2022). Women's experiences of living with albinism in Taiwan and perspectives on reproductive decision making: A qualitative study. *Disability & Society*, 37(6),916-932. <https://doi.org/10.1080/09687599.2020.1867071> (IF: 2.478)
- Pan, WL., **Chen, LL.** & Gau, ML. Accuracy of non-invasive methods for assessing the progress of labor in the first stage: a systematic review and meta-analysis. *BMC Pregnancy Childbirth* 22, 608 (2022). <https://doi.org/10.1186/s12884-022-04938-y> (IF: 3.105)

Pan, W.L., **Chen, L.L.**, Wang, C.H., Mu, P.F., Tsay, S.F., & Gau, M.L. (2022).

Enhancing bladder management for intrapartum/postpartum women at a maternity hospital in Taiwan: a best practice implementation project. *JBI Evid Implement*. <https://doi.org/10.1097/XEB.0000000000000357>. (IF: 1.67)

陳莉莉(2013)・安胎期間併發急性胰臟炎之護理經驗・助產雜誌，55，57-67。

## 2) 研討會論文

**Li-Li Chen** (2026, February 26-28). Caring strategies for parents experience stillbirth: A Umbrella Review [Conference Poster]. 2026 16" International Nursing Conference & 29" East Asian Forum of Nursing Scholars- Innovate, Integrate, Inspire: Advancing Nursing Excellence in the Digital Era.

**Li-Li Chen** (2025, February 13-14). Taiwanese Women's Experiences and Feelings of Birth Trauma[Conference Poster]. 2025 15" International Nursing Conference & 28" East Asian Forum of Nursing Scholars-Transformative Care Initiatives on Consilience of Technology and Humanity.

**Li-Li Chen, Meei-Ling Gau, & Pei-Chun, Chien.** (2023, November 2-3). The impact of birth environment and childbirth-stress, childbirth control & outcomes [Conference Poster]. 2023 14<sup>th</sup> International Nursing Conference-Shaping the future of Global Health and Environment through Technology and Excellence in Nursing.

**Chen, L. L. & Gau, M. L.** (2023, June 11-14). Birth environment interventions and outcomes of Women: A scoping review [Conference Poster]. 2023 ICM 2023-Together again: From evidence to reality.其後收錄在 Li-Li Chen, Wan-Lin Pan, Pei-Fan Mu & Meei-Ling Gau. (2023). Birth environment interventions and outcomes: A scoping review. *Birth*,50(4):735-748.

**Chen, L. L.** (2022, October 20-21). Expectant Mothers' Perceptions of the Birth Environment in Medical Institutions [Conference Poster]. 2022 WSDN 2022 –Nurses Together for Global Challenges—Innovation, Integration & Illustration: Building Back Better in Disaster Nursing.

**Chen, L. L., Pan, W. L. & Gau, M. L.** (2022, April 21-22). Enhancing Bladder Management for Intrapartum/Postpartum Women at a Maternity Hospital in Taiwan: A Best Practice Implementation Project[Conference presentation]. 2022 EAFONS 2022 –East Asia Forum of Nursing Scholars (EAFONS) Conference. 其後收錄在 Pan, W.L., Chen, L.L., Wang, C.H., Mu, P.F., Tsay, S.F., & Gau, M.L. (2022). Enhancing bladder management for intrapartum/postpartum women at a maternity hospital in Taiwan: a best practice implementation project. *JBI Evid Implement*. <https://doi.org/10.1097/XEB.0000000000000357>.

**Chen, L. L.** (2021, November 2-4). Factors Related to Breastfeeding Mode from Post-hospitalization to Six-Month of Lactation : A Trajectory analysis [Conference presentation]. 2021 ICN Congress 2021 – Nursing Around the world, virtual meeting. ICN Congress 2021 – Nursing Around the world 其後收錄在 Chen, L. L., Kao, C.H., Pan, W. L., & Gau, M. L\*. (2020). Baby-friendly Hospital Initiative Accreditation in Taiwan: Challenges and Assistance Needs. *Midwifery*, 10;94:102903. <http://doi.org/10.1016/j.midw.2020.102903>.

**Chen, L. L.** (2015, July 20-22). The nursing experience of assisting fundal pressure during obstetric nurse [Conference Oraler]. 2015 ICM International Confederation of Midwife.

## (C)專書及專書論文

高美玲總校閱 (王淑芳、馮容莊、張宏江、王瑤華、潘婉琳、陳信孚、王子芳、方郁文、江曉菁、萬美麗、高美玲、黃國儀、陳淑溫、郭素珍、莊麗蘭、曾英芬、**陳莉莉**、洪志秀、柯淑華、黃美荏、

王佳音、李麗君、廖怡惠、張皓媛、潘怡如著) (2025)。實用產科護理(十版)。台北市：華杏。  
ISBN:978-986-1944-831-7

陳莉莉 (2022)·營造生產環境對生產壓力、生產支持和控制之成效·台北:台北護理健康大學。

陳莉莉 (2014)·產房護理人員協助宮底施壓的照護經驗探討·未發表之碩士論文·台北：台北護理學院。  
(D)網站著作

Gau, M.-L., Wang, C.-H., Pan, W.-L., & **Chen, L.-L.** (n.d.). *Enhancing bladder management for intrapartum and postpartum women*. Joanna Briggs Institute.

<https://jbi.global/our-impact/story/enhancing-bladder-management-intrapartum-and-postpartum-women>

(Listed as fourth author; practice story published on JBI Global official site)